

Please Join Us for the “Spirit Speaks” Retreat

October 3 – 6, 2019 in Andalusia, Alabama

We’re so glad to open registration for this weekend set aside to explore and experience the ways that Spirit speaks to each of us. Since Spirit speaks in so many ways – through nature, our senses, silence and through others – a wide variety of activities are planned. Based on comments from last year’s participants, we’ve added a day so we can offer additional activities and have more free time for everyone. It’s your weekend to play, pray, meditate, dance, meet some new friends, or whatever you wish to do. Let Spirit guide you.

The planned activities include dreamwork, dance, a campfire (with s’mores), meditation, yoga, tai chi, art, creative writing (with meditation), drumming and fifth dimension and ascension. More description of each activity will be sent out prior to the retreat.

In addition, some of our participants will be offering, for at a reasonable cost, individual sessions for massage, reflexology, dreamwork, healings, and akashic record readings. A sign-up schedule will be available when you check in at the retreat. Please indicate on your registration if you may be interested in any of these sessions.

This year we are meeting at the Blue Lake United Methodist Retreat Center in Andalusia. It’s a beautiful facility and is able to accommodate more requests for single rooms. The per person cost for the weekend (room and meals) is \$321.50 for a single room and \$237.50 for a double room.

Registration is on a “first come, first served” basis. You may either register with a \$100 deposit with the balance due on September 3, 2019. Or pay in full (and just write one check.) Please make your check payable to Ellen Maldonado and mail it to P.O. Box 1314, Point Clear, AL 36564.

Any questions? Please don’t hesitate to contact us:

Mary Michael: marymichael0110@gmail.com; 251-423-2422

Susan Pearce: sbpearce3@gmail.com; 251-776-8425

Bob Maldonado: rrmaldo41@gmail.com; 251-210-6872

Spirit Speaks Retreat

October 3 - 6, 2019

Blue Lake United Methodist Retreat Center, Andalusia, AL

Please provide the following information:

Name: _____

E-Mail Address: _____

Phone Number: _____

Address: _____

In emergency, contact: _____

Please list any dietary restrictions, food allergies, or medical needs:

Room Choice (cost is per person and includes all meals):

Single: \$321.20

Shared: (room with a queen bed and either a twin or bunk bed): \$237.50

Requested Roommate: _____

Place me with a roommate (we'll try)

Additional Services: please circle the sessions you are interested in doing.

Akashic Record Reading

Lotus and Trance Healing

Dreamwork

Massage

Reflexology

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